



Student-Athlete  
Handbook  
2023-24



Student-Athlete Handbook  
Table of Contents

Manhattan Christian College Mission Statement.....	3
The NCCAA and the MCCC.....	4
Academic Expectations and Eligibility.....	5
Student-Athlete Conduct Responsibilities.....	7
King Chasing.....	7
Student Handbook.....	7
Discipline.....	8
Drugs and/or Alcohol Use.....	8
Tobacco.....	8
Hazing.....	9
Social Media.....	9
Team Travel.....	9
Sports Medicine.....	10
Facilities.....	11
Student-Athlete Acknowledgement/Signature.....	12



## ***Manhattan Christian College Mission Statement***

“To Educate, Equip and Enrich Students to penetrate the world for Christ regardless of their chosen profession”

## ***Manhattan Christian College Athletics Mission Statement***

“To glorify God by providing a competitive intercollegiate sports program for developing young men and women to be Christ-like servant-leaders”

## ***Manhattan Christian College Athletics Core Values***

### *Spiritual Development*

We are committed to measuring the success of our athletic program through the spiritual development of our student-athletes. We want each of them to leave Manhattan Christian College with a better understanding of biblical truths and how those truths are applied to their lives.

### *Academic Success*

We are committed to measuring the success of our athletic program by academic success of our student-athletes. We will hold each of them to the standards set forth by the NCCAA for academic eligibility while expecting them to show up for class and do their best on all of their course work.

### *Athletic Excellence*

We are committed to measuring the success of our athletic program by sponsoring varsity sports that will strive for athletic excellence. We expect each of our teams to compete for conference, regional and national championships on a regular basis and in turn will hold our student-athletes accountable to giving a championship level effort at all times.

## National and Conference Affiliation

### *The National Christian College Athletic Association*

The Thunder of Manhattan Christian College competes nationally in the National Christian College Athletic Association - Division II (NCCAA II). Thunder Athletics are members of the NCCAA Central Region, which comprises schools in Kansas and Missouri. NCCAA Division II schools are not permitted to award student-athletes any type of institutional aid that would be specifically awarded for athletics.

#### NCCAA II Central Region Members



Barclay College  
Calvary University  
Central Christian College of the Bible  
Kansas Christian College  
Manhattan Christian College  
Spurgeon College

### *The Midwest Christian College Conference*

Manhattan Christian College are also charter members of the Midwest Christian College Conference (MCCC), which was established in 1964. Currently the conference sponsors Men's Soccer, Volleyball, Men's Basketball and Women's Basketball. MCC competes in each of these sports. The MCCC currently sits at 7 members from Kansas, Missouri and Iowa. Each member of the conference is also a national member of the NCCAA II.

#### Midwest Christian College Conference Members



Barclay College  
Calvary University  
Central Christian College of the Bible  
Emmaus Bible College  
Faith Baptist Bible College  
Manhattan Christian College  
Ozark Christian College

# **Academic Expectations and Eligibility**

## *Expectations*

Student-Athletes at Manhattan Christian College are expected to keep themselves academically eligible at all times. Faculty, staff, advisors, tutors and coaches are available to help you achieve your academic goals and in turn we expect that you will give your best effort in the classroom.

## *General Eligibility*

The NCCAA requires that all student-athletes maintain a 2.0 cumulative GPA and pass a full course load (12 hours) every semester of competition. Unlike the NCAA or NAIA there is not a semester limit or competition clock, as long as student-athletes have remained in good academic standing with the NCCAA and haven't graduated from their undergraduate institution they remain athletically eligible.

## *General Freshman Eligibility*

Incoming freshmen are deemed athletically eligible as long as they've been accepted for admission to the institution and are enrolled in 12 + hours during their first semester of competition. To remain eligible the student-athlete must maintain a 2.0 cumulative GPA and continue to pass 12 hours in each subsequent semester of each year.

## *General Transfer Eligibility*

Incoming transfer student-athletes are deemed athletically eligible as long as they've been accepted for admission to the institution, have a cumulative 2.0 GPA from all previously attended institutions, have met simple total hours requirements in relation to anticipated academic progress (12-24 rule) and have been cleared by their previous institution via the athletic transfer form sent out by the Athletic Director.

## *Continuing Eligibility*

As a student-athlete you are required by the institution to maintain a 2.0 cumulative GPA. The NCCAA requires that you pass 24 hours every two semesters to be eligible to compete. To be able to compete in your second year in sport you must have accumulated a total of 24 hours, to be able to compete your third year you must have accumulated 48 hours and to be able to compete in your fourth year you must have accumulated 72 hours. In addition you must also be enrolled in 12 hours each semester at the time of competition unless you are in your final semester and then you only need to take as many hours as needed to graduate. For students in the dual degree program you must be enrolled in at least 9 hours at MCC each semester until

you have accumulated 42 hours at MCC. Then you must be enrolled in at least 6 hours at MCC each semester until you have accumulated 54 hours at MCC. Finally, you must be enrolled in at least 3 hours per semester at MCC until you complete your eligibility.

### *Student-Success Center*

The Student-Success Center (SSC) houses all tutoring and academic help services. The SSC schedule is set at the beginning of each semester by the Student Development office. We encourage our student-athletes to utilize this resource to help achieve academic success. Each team will complete at least two hours of study tables per week as monitored by their respective coaching staff.

### *Class Attendance*

Student-athletes are expected to attend class when they are not on the road for games. Class attendance is a vital part of the student-athlete experience and should not be taken lightly. Each professor has their own attendance policy that should be reviewed at the beginning of each semester by the student-athlete.

It is the responsibility of the student-athlete to communicate with their professors when they will be gone for athletic events. In the case of an absence for an athletic event the student-athlete should allow time for missed or additional class responsibilities.

# Student-Athlete Conduct and Character Responsibilities

## King Chasing



The #KingChasing program uses the four values of the Game Plan 4 LIFE – Love, Integrity, Faith, and Excellence – to enhance the purpose of collegiate athletics to be more than winning championships. The mission of the #KingChasing program is to keep Christ at the center of the student-athlete experience.

MCC is committed to participating in the King Chasing program through the NCCAA. Each athlete is expected to strive to uphold these standards on and off the court. Each athlete will be expected to participate in activities off the court that support the King Chasing initiative.

Christian Service Projects (CSP) are a way for MCC student athletes to give of their time and resources to our local community. Each athlete will be expected to participate in a CSP. CSP's may be set up by the Athletic Director and/or the head coach of the program.

## Student Handbook

As students at Manhattan Christian College you have a general responsibility to live lives according to the standards set forth by Manhattan Christian College and the student handbook located at <https://mccks.edu/files/MCC%20Student%20Handbook.pdf>

It is the general responsibility of the student-athlete to conduct themselves in a manner that represents Christ, Manhattan Christian College, their team and themselves that would be above reproach. What is done in public and private settings reflects on the character of the institution and the athletic program and we expect our student-athletes to carry themselves in a manner that would not tarnish our collective brand.

Because of these general expectations we have set forth policies and procedures for misconduct by our student-athletes. As always, the Athletic Director reserves the right to adjust or change policies and extend grace at his or her discretion.

## *Discipline Policy*

Discipline is not something that is enjoyed, but it is something that is always necessary. Because of our expectations for our student-athletes the following Discipline Policy will be followed regarding violations of the student-handbook or student-athlete responsibilities.

Offenses of the student handbook will be dealt with by the appropriate parties, including coaches, Residence Hall Supervisors and the Discipline Committee.

Continuous abuse of the rights and responsibilities of being a student-athlete at MCC could result in suspension from game action and team activities. The Athletic Director and the Head Coach reserves the right to discipline a student-athlete in whatever way they see fit in accordance with the student handbook at Manhattan Christian College.

**Please take time to view the Student Handbook and understand your rights and responsibilities of being a student at Manhattan Christian College.**

## *Drugs and Alcohol Policy*

As a Student-Athlete at Manhattan Christian College you are prohibited from consuming drugs and/or alcohol in accordance with the student handbook. In the event that the student-athlete has violated the policy the Athletic Director and Head Coach reserve the right to to discipline the student-athlete in addition to, or in accordance with the policy stated in the student handbook. Repeated violations of the drug and alcohol policy could result in the dismissal from the varsity program in which the student-athlete competes for.

MCC Athletics reserves the right to perform random drug testing in accordance with the rules set forth by the NCCAA for each team once per semester. In any instance that there is a reasonable suspicion that the student-athlete may be in violation of the Drugs and Alcohol Policy the Athletic Director and Head Coach reserve the right to test the student-athlete without prior warning.

## *Tobacco Policy*

As a Student-Athlete at Manhattan Christian College you are prohibited from using tobacco in accordance with the student handbook. In the event that the student-athlete has violated the policy the Athletic Director and Head Coach reserve the right to to discipline the student-athlete in addition to or in accordance with the policy stated in the student handbook. Repeated violations of the tobacco policy could result in the dismissal from the varsity team in which the student-athlete competes for.



## *Hazing*

Manhattan Christian College Athletics discourages hazing of any kind within our program. Student-Athletes are not permitted to conduct hazing rituals of any kind and will be disciplined accordingly.

## *Social Media*

Social media can be a great tool for promoting your personal 'brand' across many platforms. As a student-athlete at Manhattan Christian College, we expect your presence on social media to represent Christ, the Institution, your program and you with dignity and respect that comes from being a student at MCC. Therefore, we expect that you refrain from posting anything that would reflect badly on Christ, the Institution, your team or you. The AD and all coaches reserve the right to follow you on social media regardless of whether your account is protected or not.

## *Team Travel*

Travel to and from regular season games and matches as well as post-season games and matches will be provided by Manhattan Christian College Athletics. Therefore, it is expected that team members travel with their team to and from games. If student-athletes will miss expected departure time or need to be back in Manhattan for a class related reason then it's expected that the team will additionally accommodate that person. It is not appropriate for a student-athlete to get his or her own ride to and from an away game.

Student-athletes will be permitted to leave games with their parents or family as long as the team is not traveling to the second half of a back-to-back and the coach has given his or her permission to the student-athlete.

All teams are expected to represent Christ, MCC and themselves with dignity and respect while on the road. Therefore, MCC Athletics expects each team to travel in their team issued travel gear and to conduct themselves in a way that is honoring the entities listed above.

MCC Athletics will provide each team with funds for meals while on the road.

## Sports Medicine

All sports medicine services are provided to Manhattan Christian College student-athletes by JointFit Chiropractic and Sports Medicine Center. As part of our agreement, JointFit will provide athletic trainers at all home contests and will see our insured student-athletes at their practice in the event of an injury sustained while competing for Manhattan Christian College either at practice or in a contest.

MCC Athletics also has an agreement with the Orthopaedic and Sports Medicine Center in Manhattan to see athletes with more severe injuries or for physical therapy.

Manhattan Christian College currently provides student-athletes with a secondary athletic insurance to assist with any medical bills that are accrued as a result of competing for Manhattan Christian College. Manhattan Christian College Athletics is not responsible for payment of any medical bills accrued while participating in athletics for the college.

All student-athletes at MCC are required to be insured medically either individually or under their parents or guardians. Student-athletes are also required to have a physical completed before they are allowed to participate in team related activities. Both physical and insurance forms are located online at <http://www.mccthunder.com/inside-athletics/physical-insurance-forms>. Student-athletes will need to have both of these completed and turned in before they compete at practice or preseason workouts.

Injuries must be reported to the head coach and athletic director immediately. Student-athletes are required to fill out an injury report form with the Athletic Director before medical care is received. A secondary insurance card will be provided after the injury report form is submitted.

Sports Medicine Contacts:

JointFit Chiropractic and Sports Medicine Center: <http://www.jointfitchiropractic.com/>

Orthopaedic and Sports Medicine Center: <https://kansasortho.com/>

## **Facilities**

### *Howie's Activity Center*

Howie's Activity Center (HAC) is home to MCC Athletics. All MCC student-athletes may use the HAC with priority given to court sports. Athletes are expected to respect the facility, keep the space clean and only use it with permission of the Head Coach and Athletic Director outside of normal business hours.

The HAC is not to be used by non-MCC students without the express permission of the head coach and athletic director.

### *Sanders Family Strength Center*

The Sanders Family Strength Center (SFSC) is the weight room facility within Howie's Activity Center. Student-athletes may utilize the weight room at any time unless reserved by another team. Student-athletes are expected to respect the SFCS and keep the room clean and organized. For safety reasons, it is preferred that after hours athletes do not work out alone in the SFSC. The SFSC is available to all students on campus and athletes are expected to respect other students when they are using the SFSC.

### *Training Room and Laundry Room*

The training room is only to be used by MCC student-athletes. Athletes can have access to training room supplies during practice and games. See the head coach or athletic director for use outside of those times. The ice bath is available to all student athletes outside of schedule practice times. Athletes are expected to keep the training area clean and drain and clean the ice bath after each use.

The laundry room is only to be used for athletic laundry. Athletes are not allowed to use the laundry room for personal use.

## **Student-Athlete Acknowledgment**

I, \_\_\_\_\_, acknowledge that I have read the Athletic Handbook and the Student Handbook and understand my responsibilities that I have as a student-athlete at Manhattan Christian College. To the best of my abilities I will uphold the handbooks and represent Manhattan Christian College Athletics. I understand that any violation of the handbooks may result in discipline from both the Institution and the Athletic Department.

---

Name (printed)

---

Date

---

Name (signed)